



relux[®]

*Lichtfrequenz-
System*

*Support your
health*

*with colour light tailored
to your individual needs.*

*It acts as a natural source of energy
and supports **healing**
and **regeneration**.*

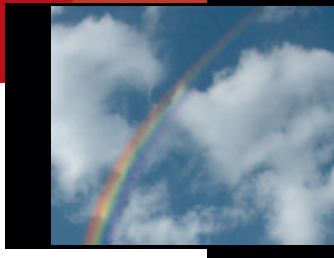
*How does the
RELUX colour light
therapy work?*



RELUX is a **therapy method** that uses **colour light tailored to your individual needs to successfully support healing and regeneration** and has been developed in Austria. Several studies proved its positive effects.

Step 1: Our experts **analyse** you once and obtain your **individual colour light frequency spectrum**.

Step 2: The **exposure to light** of these **individual light frequencies** triggers an increase in the energy levels of the cells and supports and accelerates natural regulation and regeneration. The colour light application does not cause a warming effect.



Daylight includes all wavelengths of the light spectrum and thus all healing frequencies

All we need to do is to use them actively for boosting our health

What are the advantages of RELUX colour light therapy?

- It is non-invasive.
- There are no known side effects.
- Also sensitive people can use it without restrictions.
- Even excessive use does not cause any negative effects

RELUX colour light therapy

- reduces the level of stress hormones.
- relieves pain.
- boosts your immune system.
- reduces cholesterol levels.
- lightens depression.
- improves blood flow.
- regulates blood pressure.
- counteracts inflammations.
- relaxes the muscles.
- supports natural regeneration and regulation.



**You will feel more relaxed,
your body will regenerate
more easily and your
energy level will rise even
after the first application.**

Your individuality is the way to your health

Where and how can you receive the RELUX colour light therapy?

RELUX colour light therapy starts with the analysis of your individual body light spectrum that does not change throughout your whole life. Your body then absorbs these individual light frequencies when exposed to the light of our colour light emitting devices.

Our devices are capable of emitting light of an almost unlimited range of frequencies in the required individual combinations.

Thus, you achieve optimal cell energy stimulation. We recommend sessions of 55 minutes 2 to 3 times a week for optimising the effect. The therapy is easy to apply and some conditions can be treated even without undressing.

The analysis can be done in one of our **RELUX centres** as well as by **your doctor** or **therapist** if they are RELUX partners.



Light goes deeper than we think and touches the essence of life.

Even within our cells communication is based on light.



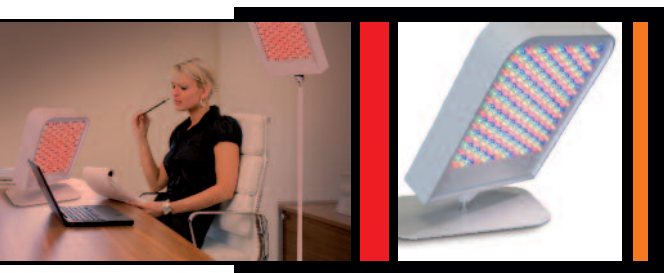
The LEDs of our RELUX devices emit light of your individual body light frequencies.

That makes the treatment particularly effective

RELUX one

If you want to be independent from centres, doctors and therapists, you may want to use your own RELUX one device. You can use it as a table-top as well as a free-standing device with a total height of approximately 110 cm (lengthening tube included). The integrated control computer can be conveniently and individually programmed.

Other family members can use the RELUX one device as well if they have been analysed to obtain their individual light frequencies.



You can use RELUX while you are working or enjoy its light and just lay back and relax.

RELUX one is light, compact and easy to handle and carry.

Which conditions can be successfully treated with the RELUX colour light therapy?

RELUX colour light therapy

- accelerates healing.
- relieves pain.
- helps to reduce stress.
- boosts your immune system in order to prevent health problems.
- improves skin problems such as cellulite, acne, eczema, edema, psoriasis, neurodermatitis and haematoma.
- provides a lifting effect to your skin.
- lightens depression and burnout.
- improves blood flow.
- counteracts inflammations.
- relieves migraine, headaches and tinnitus.
- relieves allergies.
- reduces cholesterol levels.
- helps your body dispose of acidic waste and toxic substances.
- helps to lose weight.

Your RELUX partner:

For detailed information on RELUX colour light therapy please visit www.relux.at or contact one of our **RELUX centres:**

1100 **Wien, Wienerbergstr. 7 / 5. OG**
t +43 / 1 / 319 07 99 or

8010 **Graz, Brandhofgasse 22**
t +43 / 316 / 89 00 39

e-Mail: **office@relux.at**

E-BA tpz, spol. s r.o., Votrubova 11, 821 09 Bratislava
Tel.: 02/ 5341228; info@e-ba.sk

Relux Vermarktungs- und Vertriebs GmbH & Co KG
Landscha 223, A-8160 Weiz, t +43 / 3172 / 89 091

